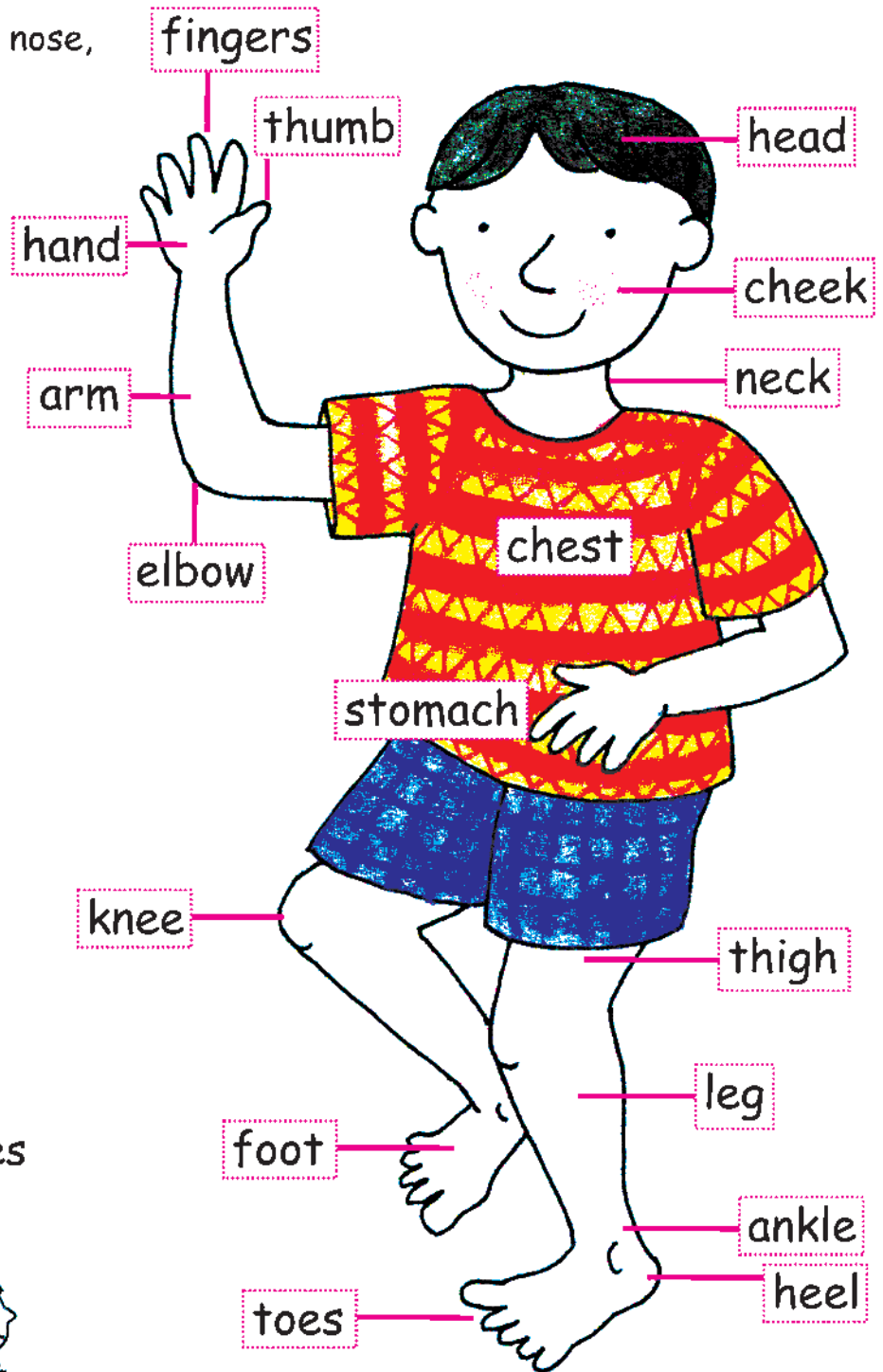


MY BODY

1. Look at the parts of the body.
Learn the names.
2. Point to the hair, eyes, nose, ears, and mouth.




Two little hands

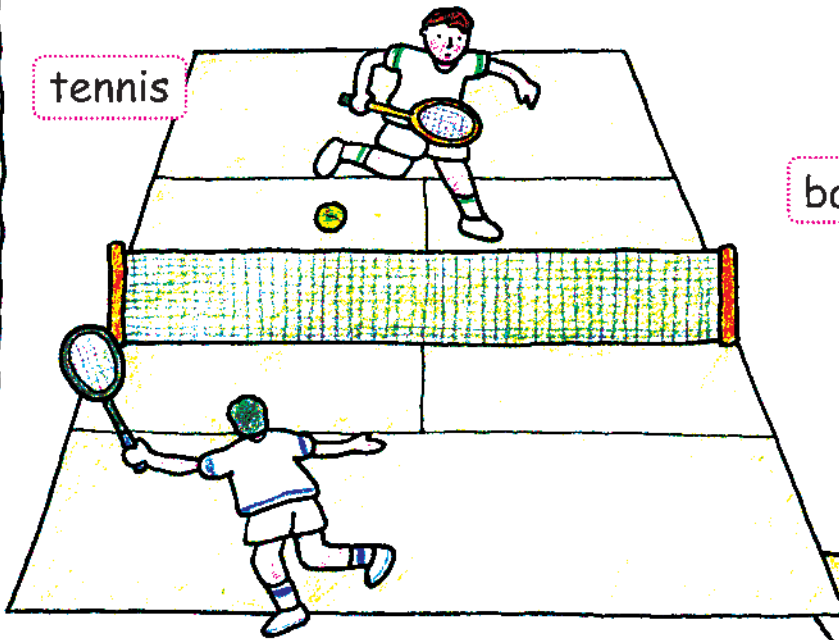
Two little  hands
Go clap-clap-clap!

Two little  feet
Go tap-tap-tap!

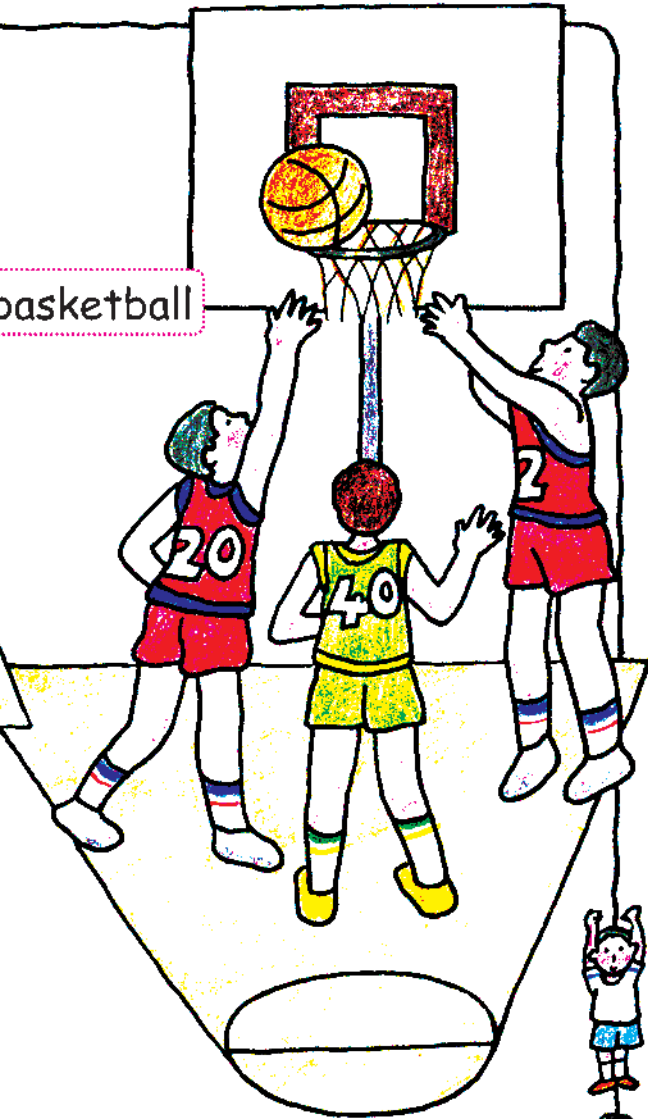
Two little  eyes
Are opened wide

One little head 
goes side to side!

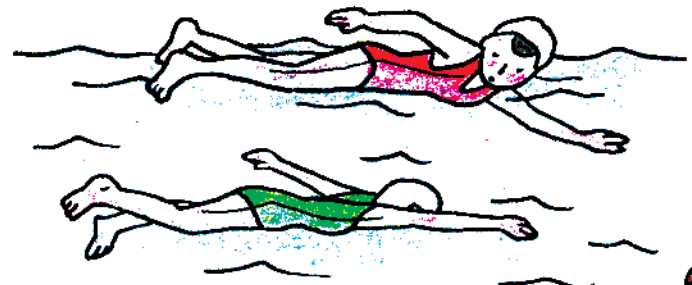
EXERCISES AND GAMES



basketball



swimming



yoga

skipping



THINGS TO TALK ABOUT yoga: learning asanas from guruji basketball: ball, basket, court
tennis: racket, ball, net, court football: goal, goalkeeper ● Exercise and games keep us healthy. Have fun doing exercises and playing games, rest when tired, drink water when thirsty, play fair, and follow the rules.

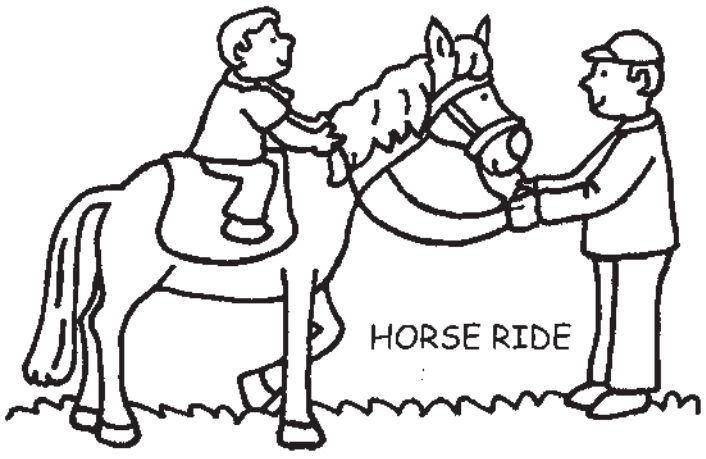
ZIGZAG THROUGH THE FAIR

Visit each stall. Colour the pictures as you go along. Join the wavy lines with a crayon from start to finish to mark your route.

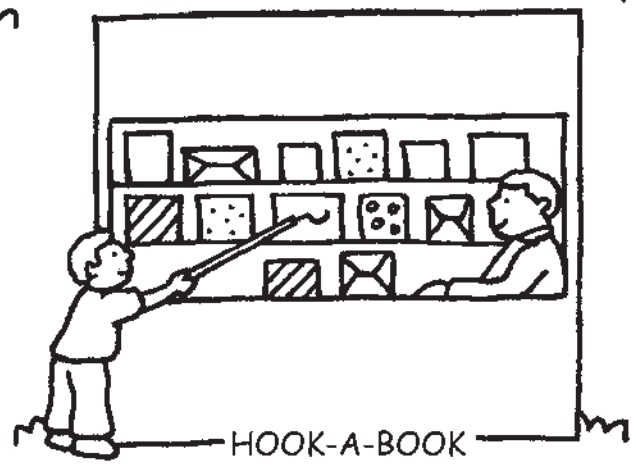
MERRY-GO-ROUND



GIANT-WHEEL

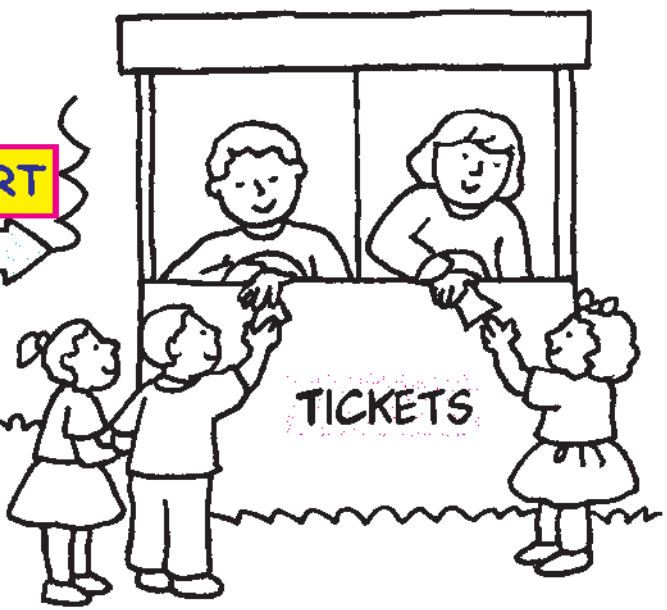


HORSE RIDE



HOOK-A-BOOK
GAME STALL

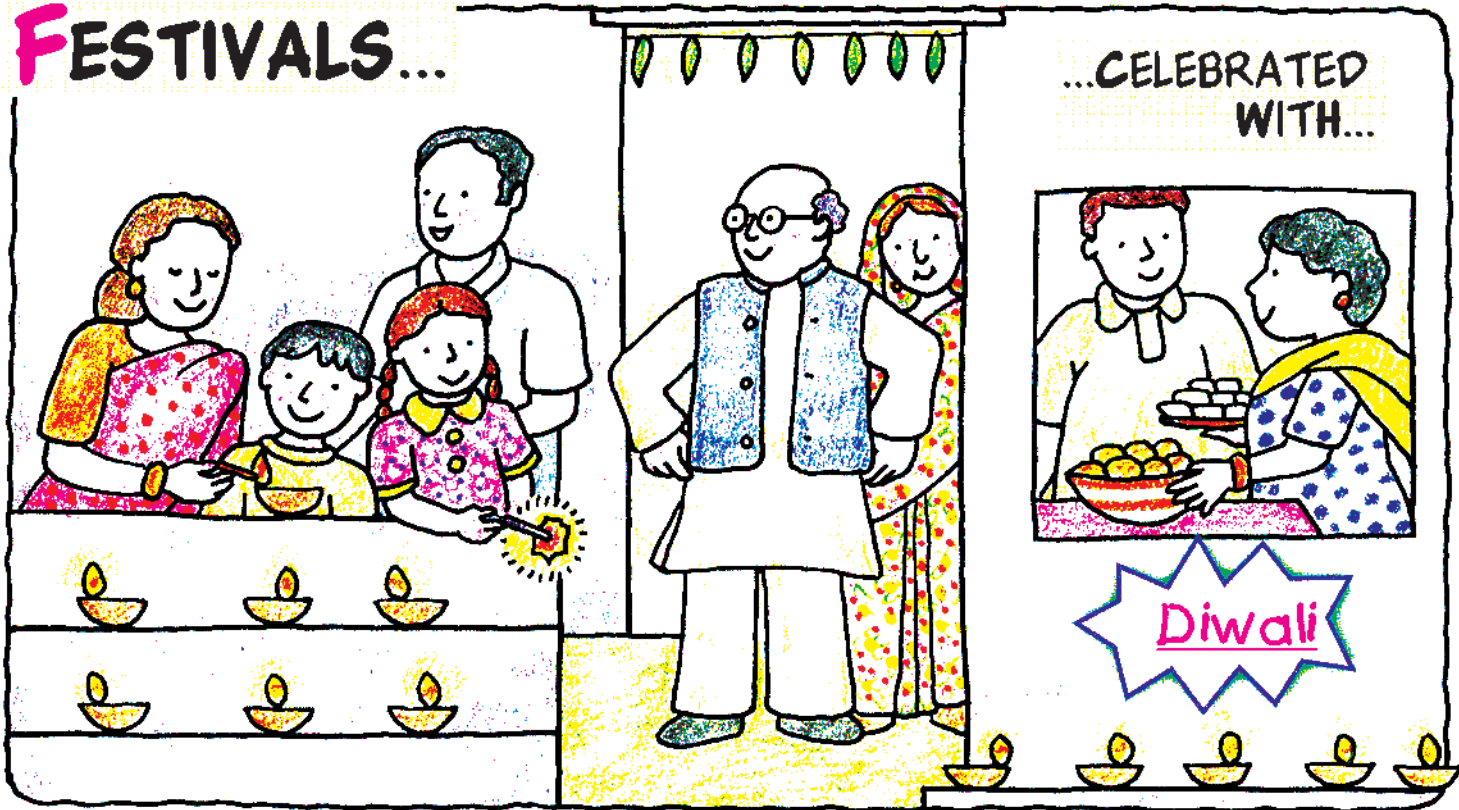
START



TICKETS

1. Have you been to a fair?
2. What did you do there?
3. Who did you go with?
4. Did you enjoy yourself?

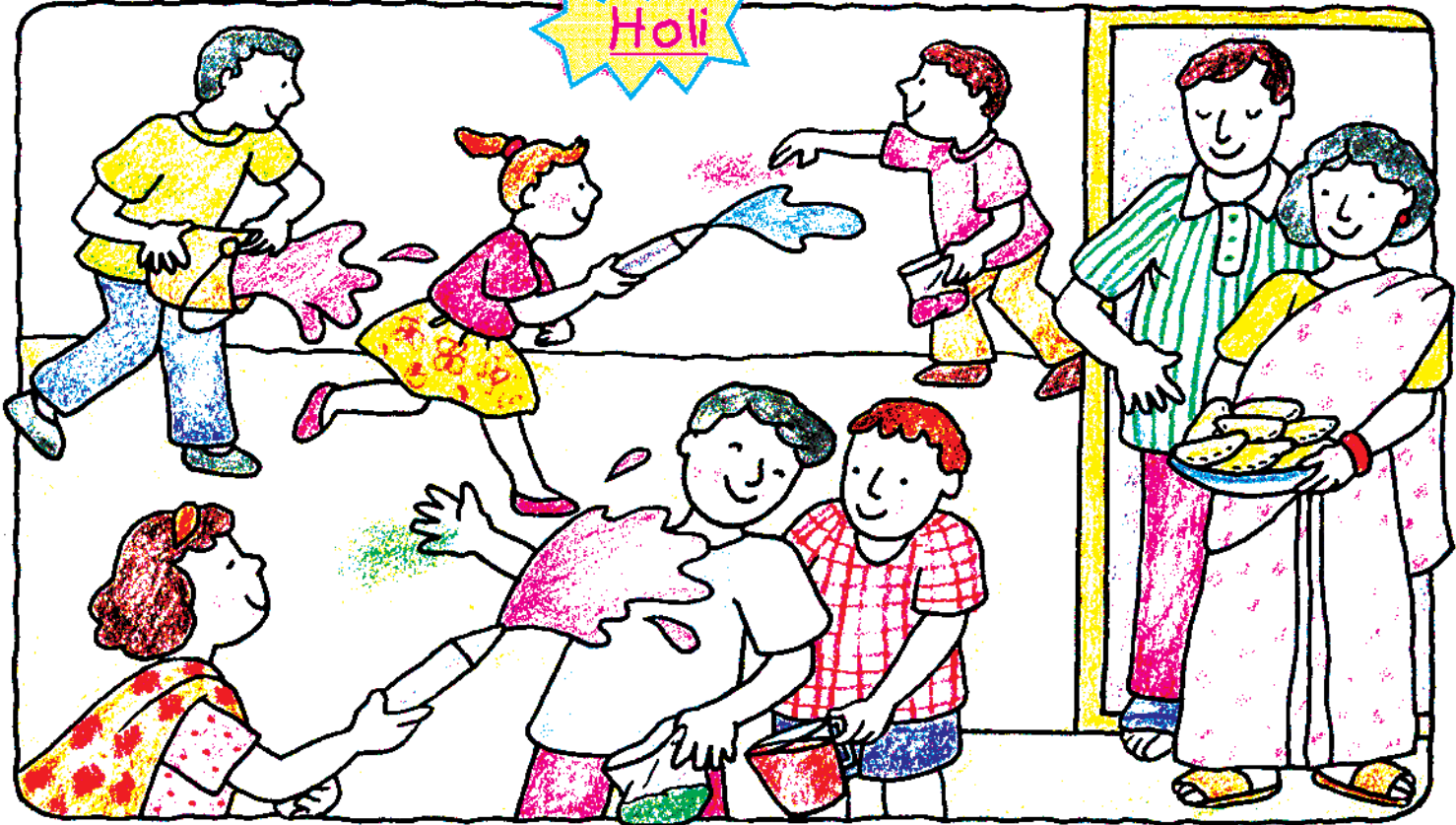
FESTIVALS...



...CELEBRATED WITH...

Diwali

Holi



THINGS TO TALK ABOUT Diwali: celebrates Lord Ram's return to Ayodhya, festival of lights, sweets, new clothes, sparklers. 'Say no to crackers!' They cause air and noise pollution. Holi: natural colours are safe, powder colours, wet colours, sweets.